

Together for a healthier world



**13-15 September 2023**

Kenyatta International Convention Centre, Nairobi, Kenya

# Healthcare East Africa 2.0 Summit

Unlocking the healthcare potential of East Africa

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## Healthcare East Africa 2.0 Summit

13-15 September 2023

### Attendee information

Dear Attendee,

Welcome to **Medic East Africa 2023**. We have a packed agenda ahead. Kindly take a few minutes to review the booklet, which contains the program details and essential instructions for claiming your CPD credit.

### Access to conferences

You would have received the **digital badge** via [noreply@gesevent.com](mailto:noreply@gesevent.com) to your registered email address. The digital badge will need to be downloaded and saved on your mobile to enter the venue. Please contact [marketing@mediceast.com](mailto:marketing@mediceast.com) if you have not received the login details.

### Session Scanning

CPD accreditation: Please ensure your badge is scanned when you enter the conference rooms.

### Mobile Phones

Please turn your mobile phones to silent/vibrate mode during the conference to not disturb the session. Your cooperation is greatly appreciated.

### Parking and Other Transport

For more information on how to get to Kenyatta International Convention Centre, please click [here](#).

### Fire and Emergency

#### Fire Incident

During a Fire Incident, upon hearing the alarm/siren, remember to:

- Stay calm and follow the security guidance
- Use directed escape route
- Do not stop to collect your personal belongings
- Remain at assembly point until further notice
- Report missing persons
- Do NOT re-enter the venue

#### Medical Emergency

If there is a medical incident, remember to:

- Isolate the immediate area where the victim is situated
- Call for medical assistance
- Administer First Aid

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### Emergency Contact Numbers

List of important numbers to call during an emergency.

- Emergency, Police, Fire, Traffic Police and Ambulance: 999, 112 or 911

### Conference Schedule and Locations

Location	Room Name	13-Sep	14-Sep	15-Sep
Ground Floor, KICC	Aberdare & Lenana	Healthcare Excellence	Public Health	Healthcare Equity

### Exhibition

Please take time to visit the exhibition.

- Wednesday, 13 September 10:00 – 17:00
- Thursday, 14 September 10:00 – 17:00
- Friday, 15 September 10:00 – 16:00

### Accreditation; CPD Information

#### Credit Designation

The Kenya Medical Association (KMA) is a membership organization representing Medical and Dental Practitioners registered to practice in Kenya with a twin mission of championing the welfare of doctors and advocating for the provision of quality healthcare for all.

#### Breakdown of CME Credits

Day 1	Date	CPD Credits
Healthcare Excellence	13 Sep	5
Day 2		CPD Credits
Public Health	14 Sep	5
Day 3		CPD Credits
Healthcare Equity	15 Sep	5

Speakers and moderator get 3 extra points for the full day.

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### How to Obtain your CPD Credits

#### For local attendees CPD

It is mandatory for delegates who wish to claim CPD to include their **KMPDC Number** during the registration process. Delegate registration data without the **KMPDC Number** cannot be processed and allocated for CPD Activity.

Your scan-in details will be cross-checked when claiming points from the accreditation body. Every delegate **must attend at least one** of the assigned sessions to claim full CPD points.

Informa calculates and validates the total hours and will forward this to our accreditation partner, The Kenya Medical Association (KMA), for them to enter into the KMA Member Portal.

Delegate's account will automatically be updated with the credits. The delegate also **receives a CPD certificate within 20 working days after completion of the show.**

For any CPD support-related queries, please contact [LSRegistrationsTeam@informa.com](mailto:LSRegistrationsTeam@informa.com)

Sharon Kirui [kmaprojects@kma.co.ke](mailto:kmaprojects@kma.co.ke)

Peter Ogero [Peter.ogero@kma.co.ke](mailto:Peter.ogero@kma.co.ke)

#### For international attendees, speakers, moderators

CPD is not applicable to international attendees.

## Programme

**Day one** | Wednesday, 13 September 2023

### Healthcare Excellence Conference

11:00 Welcome and Opening Remarks by Chairperson  
Dr Simon Kigundu, President, Kenya Medical Association

#### **Session 1: future of healthcare**

11:15 **LEADERS PANEL: Synergizing the Public-Private Healthcare Sectors: Bridging the divide for better access, quality, and affordability of healthcare services.**

Discussion points:

- Collaborating better to fund healthcare initiatives.
- Access to financing: How has the government supported the private sector?

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- Health insurance partnerships for better accessibility to quality healthcare
- Creating a supportive regulatory environment that encourages the growth and development of both sectors
- Ecosystem building and preparedness
- Overcoming challenges in collaboration between both sectors
- The impact of healthcare financing systems (e.g., insurance, out-of-pocket payments, etc.) on the quality and availability of care

**MODERATOR:** Nelly Ale, Head of Health Ecosystems, Mastercard Foundation

**PANELISTS:**

- Martin Wafula, Chief Executive Officer, Malolo Hospital and School of Medicine and Health Sciences – Tabora, Tanzania
- Toseef Din, Chief Executive Officer, M P Shah Hospital, Nairobi, Kenya
- Dr Ouma, Oluga, Director - Standards, Regulation & Quality Assurance, Ministry of Health
- Dr Noelle Orata, Ecosystem Design Lead, Open Phences, Chairperson, Kenya Association of Clinical Pathologists
- Aaron K Mulaki Head of Strategic Partnerships and Engagement, African Constituency Bureau for the Global Fund, Addis Ababa – Ethiopia

**12:00** Breaking Barriers: Inspiring Success Stories of Public-Private Partnerships in Healthcare Across East Africa

Antony Mwangi, Cluster Head of East & Southern Africa, Novartis

**12:30** BREAK AND VISIT TO THE EXHIBITION

### Session 2: investments & funding opportunities

**13:30** Integrating Digital tools in primary care to catalyze UHC

Philip Ngari, Senior Project Manager, Medic, Nairobi, Kenya

**14:00** Unpacking the challenges and opportunities of public-private partnerships in funding healthcare across East Africa

- Coordination and Collaboration
- Cost of Services
- Quality of Services
- Transparency and Accountability

Nelly Ale, Head of Health Ecosystems, Mastercard Foundation

**14:30** Revolutionising primary health care: The power of quality health innovations

Jonathan Oriki Some, President, Clinical Medicine Students Association of Kenya

**15:00** CLOSE OF CONFERENCE

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## Programme

Day two | Thursday, 14 September 2023

### Public Health Conference

10:30 OPENING REMARKS by Chair

Dr. Brenda Obondo, Chief Executive Officer, Kenya Medical Association

### Session 1: ethics & rights

10:45 Breaking the Silence: Examining the impact of Gender-Based Violence (GBV) on women's health in East Africa

- Improve demand for and access to GBV response services through centres of excellence
- Strengthening advocacy on GBV amongst decision makers at county and national levels for legal and policy reforms
- How can public and private healthcare help?

Alberta Wambua, Executive Director, Gender Violence Recovery Centre of the Nairobi Women's Hospital

11:15 HIV/AIDS in East Africa: Are we making progress towards an AIDS-free generation?

Dr Muthoni, Karanja, HIV Prevention Specialist, Department of Defence Kenya

11:45 Uncovering the Hidden Dangers: Exploring the alarming absence of occupational health in East Africa and ways to overcome?

Dr Omer El Nagieb, Chief Executive Officer, Centre for Occupational and Environmental Health Africa (COEHA), Khartoum, Sudan

12:15 BREAK AND VISIT TO THE EXHIBITION

### Session 2: quality healthcare

13:15 PANEL DISCUSSION: Stemming the Flow: Addressing healthcare brain drain and worker strikes to improve health outcomes in the region

- Explore the impact of strikes on the availability and quality of healthcare services in the region and possible ways to address the underlying issues that lead to strikes
- Addressing healthcare worker burnout and mental health
- Strengthening healthcare systems by exploring possible interventions such as increasing funding for healthcare, improving infrastructure, and developing effective policies to address healthcare worker issues



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**MODERATOR:** Leonard Oduor Otieno, Founder, Let's Talk Nursing!

**PANELISTS:**

- Kenneth Ogendo, Public Health Specialist and Consultant, **Sightsavers Global Labour Programme**
- Dr Willis Akhwale, Special Advisor, **African Leaders Malaria Alliance**
- Dr Sara Koki Muli-Kinagwi, Country Director, **University of California San Francisco (UCSF) Global Programs for Research and Training**

**14:00 Breaking the Stigma: Addressing mental health challenges and promoting wellness in Kenya**

Dr Sonia Jasmine, CEO and Founder, **SolMind Wellness**

**14:30 Uncovering the hidden costs of poor-quality management in hospitals: Urgent measures needed to improve patient outcomes**

- Consequences of poor-quality management on patients, including increased morbidity and mortality rates, longer hospital stays, and increased healthcare costs
- Delving into the economic consequences of poor-quality management, including the cost of medical errors, re-admissions, and litigation
- Best practices in quality management: Exploring successful quality management practices in hospitals, including patient safety initiatives, clinical governance, and quality improvement tools and techniques

Dr Stanley Aruyaru, Chief Medical Officer, **PCEA Kikuyu Hospital and Secretary General, Surgical Society of Kenya**

**15:00 CLOSE OF CONFERENCE**

## Programme

**Day three | Friday, 15 September 2023**

### Healthcare Equity Conference

**10:00 OPENING REMARKS** by Chairperson

Dr Lyndah Kemunto, Treasurer General, **Kenya Medical Association**

### **Session 1: public private partnerships**

**10:15 Care, Trust, and Feedback: Strengthening quality and accountability in healthcare delivery**

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- How can healthcare providers create effective feedback mechanisms that enable patients to provide feedback, and how can healthcare providers use this feedback to improve care delivery?
- The role of trust and transparency in healthcare
- How can healthcare providers overcome these barriers to ensure that they deliver high-quality care that is accountable to patients and other stakeholders?
- What are some of the strategies that healthcare providers can use to improve quality, and how can they measure the impact of these strategies?

Dr. Brenda Obondo, Chief Executive Officer, **Kenya Medical Association**

**10:45 PANEL DISCUSSION: Fair and Square: Overcoming de-facto privatization of health in Kenya to ensure equitable access.**

**Discussion points:**

- Would a universal basic income address healthcare inequality in East African countries? And should it be adopted?
- What are some of the strategies that healthcare providers can use to improve quality, and how can they measure the impact of these strategies?

**PANELISTS:**

- Gerald Macharia, Vice President – East & Southern Africa, **Clinton Health Access Initiative – CHAI, Nairobi, Kenya**
- June Musau, Country Engagement & Support Coordinator, **Financing Alliance for Health**

**11:30 Empowering Communities: Unleashing the power of grassroots solutions to promote healthcare equity in East Africa**

Elidah Maita, Focal person, **Athena Network**

**12:00 PANEL DISCUSSION: High Stakes: The debate on legalizing medical marijuana for treating health conditions in Kenya**

**Moderator:** Lydia Kariuki, Cannabis Journalist, Integrative Medicine Communications Specialist, Medical Writer

**Panelists:**

Wilfred Maina, Publicist – Cannabis Emerging Markets, **NisonCo**

Dr. Alfred Karagu, Chief Executive Officer, **National Cancer Institute of Kenya**

Dr Billy Njuguna, President, **Kwanc Institute of Integrative Medicine and Research**

Tony Wafula Kisaka, **Business Process Consultant & Cannabis Activist**

Michael Sambu, **Auto Engineer, Preventive/Holistic, Health Supporter**

Dr Maina Mwea, Chief Pharmacist, **Dr Maina Herbal Clinic, Cannabis Activist**

**12:45 BREAK AND VISIT TO THE EXHIBITION**



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### Session 2: digitalisation & new technologies

13:45 **PANEL SESSION: Bridging the Gap: Overcoming the digital divide in healthcare technology adoption in East Africa**

**Discussion points:**

- What and who is causing barriers to adoption, and how can they be addressed?
- Integrating technology with religious faith-based and traditional medicine
- How can technology help to improve healthcare access and quality, and protect patient data?

**MODERATOR:** Dr. Mokeira Gisairo, Influence & Presence, Zuri Health

**PANELISTS:**

Dr. Kevin W. Wafula Rombosia, Director of Medical Services, **Mater Misericordiae Hospital**  
Dr Stanley Aruyaru, Chief Medical Officer, **PCEA Kikuyu Hospital and Secretary General, Surgical Society of Kenya**

Gitahi Ng'ang'a, Director, Software Engineering, **Living Goods**

Philip Ngari, Senior Project Manager, **Medic, Nairobi, Kenya**

14:30 **Empowering Women Entrepreneurs: Fueling healthcare innovation in Kenya**

Dr Bernice Muhati, Medical Officer, **Zuri Health**

15:00 **CLOSE OF CONFERENCE**

### Chairs

- **Dr Simon Kigondu**, President, Kenya Medical Association
- **Dr Lyndah Kemunto**, Treasurer General, Kenya Medical Association
- **Dr. Brenda Obondo**, Chief Executive Officer, Kenya Medical Association

### Faculty speakers

- Aaron K Mulaki, Head of Strategic Partnerships and Engagement, African Constituency Bureau for the Global Fund, Addis Ababa Ethiopia
- Antony Mwangi, Cluster Head of East & Southern Africa, Novartis, Nairobi Kenya
- Alberta Wambua, Executive Director, Gender Violence Recovery Centre of the Nairobi Women's Hospital, Nairobi Kenya

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- Gerald Macharia, Vice President – East & Southern Africa, Clinton Health Access Initiative – CHAI, Nairobi Kenya
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